



NOTICE OF RACE/Sailing Instructions

Women at the Helm I

Saturday, July 22nd, 2023

Amended 7/19/23

- Rules:** This race is governed by the current Racing Rules of Sailing except as modified by the STYC General Sailing Instructions (GSI), these Sailing Instructions, and the USCG VTS Navigation Rules.
- Eligibility and Entry Deadline:** This race is open to STYC members with PHRF-NW ratings who wish to race in handicapped classes. Members without a PHRF rating are eligible to race in the Sloop class. Non STYC members with a valid PHRF-NW rating are eligible to enter provided the skipper is a member of a PIYA or US Sailing accepted club. Entries must be received on the STYC website (www.styc.org), no later than 2400, on the Wednesday before the race. See the GSI for the late entry policy. Non-members and Associate Members must submit a \$35 entry fee with the completed entry.
- Helm:** Only persons who identify as women are allowed at the helm while racing (as defined in the RRS) in this regatta. This is further defined as the person or persons who, excepting for momentary absence due to personal or shipboard needs, steer(s) the yacht beginning at 4 minutes prior to the start and continuing until the finish.
- Divisions and Starting Times:** Class breaks will be posted on the STYC website (www.styc.org) by 1800 the Friday before the race. The 1st Class start is 1000. The first warning is at 0955.
- Race Format and Course:** The course will be a single distance race within the vicinity of West Point, Wing Point and Richmond Beach. ~~The Race Committee will attempt to run 1-3 races dependent on conditions, either multiple short races in the vicinity of West Point, and Spring Beach or a single distance race within the vicinity of West Point, Wing Point and Richmond Beach.~~ Race committee will announce the course ~~their intention for the number of races attempted~~ the morning of the event before the first start. Refer to course mark descriptions in the STYC GSIs. Please pay attention to class flags for start sequences.
- Time Limit:** The time limit for this race is 7.0 hours. Refer to the GSI for instructions concerning cancellations, postponements, and time extensions. ~~For courses less than 10 NM, time limit is 2.5 hours for the first boat in each class in each race. All other boats must finish within 30 minutes of the first boat to finish in the class. This changes RRS 35. For courses greater than 10 NM, the time limit is 7.0 hours.~~
- Communication:** The race committee will utilize VHF channel 72 for on water communications. A failure by the race committee to issue a communication, the failure of a competitor to hear the communication, or any other issues regarding the communication shall not constitute grounds for redress. This changes RRS 62.1(a).
- Skippers' Meeting:** Skippers meeting will be online at 1900 Friday, July 21. It will be possible to attend either online or via telephone. Meeting details will be available on the race webpage. The STYC GSI are available on the STYC website. If there are questions, email race@styc.org.
- Awards:** Awards will be announced at the Shilshole Bay Marina Pavilion **at 1800 on Saturday, July 22nd.** ~~The time is TBD and will be announced before the skippers meeting.~~ All STYC events will be held in alignment with CDC guidelines and local guidelines. If guidelines change and STYC decides to cancel in-person awards, skippers will be notified via email.