

NOTICE OF RACE/Sailing Instructions

WOMEN AT THE HELM REGATTA

Saturday, July 25th, 2020

1. **Rules:** This race is governed by the current Racing Rules of Sailing except as modified by the STYC General Sailing Instructions (GSI) and this Notice of Race.
2. **Helm:** Only women are allowed at the helm while *racing* (as defined in the RRS) in this regatta.
3. **Communication:** The race committee will utilize VHF channel 72 for on water communications. A failure by the race committee to issue a communication, the failure of a competitor to hear the communication, or any other issues regarding the communication shall not constitute grounds for redress. This changes RRS 62.1(a).
4. **Eligibility and Entry Deadline:** This race is open to STYC members and non-members with PHRF or STYC ratings. Entries must be received on the website, no later than 1800, on the Wednesday before the race. Non-members and Associate Members must submit a \$35 entry fee with the completed entry form. Late registration is possible until Friday at 1800 with a late fee.
5. **Divisions and Starting Times:** Class breaks will be posted on the STYC website (www.styc.org) by 1900 the Friday before the race. The 1st Class start time is 1000.
6. **Race Format and Course:** This is a multi-race event. The Race Committee will attempt to run 3 races. Courses will be run in the vicinity of Shilshole Bay between West Point and Spring Beach. Refer to course mark descriptions in the SYTC GSI's. There will be no throw outs. Pay attention to class flags for start sequences.
7. **Time Limit:** Two and one-half hours for the first boat in each class. All other boats must finish within one-half hour of the first boat to finish in the class. This changes RRS 35.
8. **Skippers' Meeting:** Skippers meeting will be online at 6:00 pm Thursday, July 23rd. It will be possible to attend using Google Meet or telephone. Meeting details will be emailed to registered boats before the meeting. Copies of STYC GSI are available for non-members on the STYC website. For problems getting into meeting email race@styc.org.
9. **Awards:** Awards will be mailed or made available for pickup at Seattle Sailing Club. Once winners are identified, we will need their mailing address and glove size.
10. **Crew Size Limits:** A boat's crew is limited to a total of five (5) people, including the skipper. Violation of this will result in disqualification from the regatta. This is a COVID-19 restriction.
11. **Face Coverings and Social Distancing:** Boats must follow state and local requirements for use of face coverings. For the purpose of such requirements, sailing should be considered outdoor exercise where a six foot separation will not be maintained between crew on a single boat. Sufficient separation will exist between boats. Currently, this means face coverings are required if a boat's crew are not all members of the same household.
12. **Contact Tracing Requirements:** Skippers are required to have a contact tracing form filled out with information for the entire crew for each individual race. It must include the name and contact information of everyone on the boat. Failure to have a properly filled out contact tracing form when asked will result in disqualification from the entire series. The race committee boat may ask to see a contact information form at the time of the race.

An acceptable form is available at <https://bit.ly/38awYGx> A copy is attached to the end of this NOR/SI document.

Skippers must certify that they have informed their crew that in the event the crew member suspects or is confirmed to have COVID-19, or is exposed to a confirmed case of COVID-19, to notify the skipper. The skipper must inform all other crew members, for any race up to 14 days prior to the COVID-19 diagnosis, that someone on the crew has a suspected or confirmed case of COVID-19 or was exposed to a confirmed case. The skipper must notify all affected crew within 48 hours.

STYC Contact Tracing Form

Date: _____

Boat Name:

Skipper Name:

Crew Name	Phone/Email
1)	
2)	
3)	
4)	

Date: _____

Boat Name:

Skipper Name:

Crew Name	Phone/Email
1)	
2)	
3)	
4)	