

# NOTICE OF RACE/Sailing Instructions

## WOMEN AT THE HELM: going the distance

Saturday, September 19<sup>th</sup>, 2020

- Rules:** This race is governed by the current Racing Rules of Sailing except as modified by the STYC General Sailing Instructions (GSI) and this Notice of Race.
- Helm:** Only women are allowed at the helm while *racing* (as defined in the RRS) in this regatta.
- Communication:** The race committee will utilize VHF channel 72 for on water communications. A failure by the race committee to issue a communication, the failure of a competitor to hear the communication, or any other issues regarding the communication shall not constitute grounds for redress. This changes RRS 62.1(a).
- Eligibility and Entry Deadline:** This race is open to STYC members and non-members with PHRF or STYC ratings. Entries must be received on the website, no later than 1800, on the Wednesday before the race. Non-members and Associate Members must submit a \$35 entry fee with the completed entry form. Late registration is possible until Friday at 1800 with a late fee.
- Divisions and Starting Times:** Class breaks will be posted on the STYC website ([www.styc.org](http://www.styc.org)) by 1800 the Friday before the race. The 1<sup>st</sup> Class start time is 1000.
- Race Distance and Course:** The full course is 16.997 nautical miles as described below:

North wind (all marks to port):	NUENRN
South wind (all marks to starboard):	NEUNRN

Note: for south wind course N rounding is considered a gate as described in the GSI.
- Time Limit:** The time limit for this race is 6.0 hours. Refer to the GSI for instructions concerning cancellations, postponements, shortened course, and time extensions.
- Skippers' Meeting:** Skippers meeting will be online at 6:00 pm Thursday, September 17th. It will be possible to attend using Google Meet or telephone. Meeting details will be emailed to registered boats before the meeting. Copies of STYC GSI are available for non-members on the STYC website. For problems getting into meeting email [race@styc.org](mailto:race@styc.org).
- Awards:** Awards will be mailed or made available for pickup at Seattle Sailing Club.
- Crew Size Limits:** A boat's crew is limited to a total of five (5) people, including the skipper. Violation of this will result in disqualification from the regatta. This is a COVID-19 restriction.
- Face Coverings and Social Distancing:** Boats must follow state and local requirements for use of face coverings. For the purpose of such requirements, sailing should be considered outdoor exercise where a six foot separation will not be maintained between crew on a single boat. Sufficient separation will exist between boats. Currently, this means face coverings are required if a boat's crew are not all members of the same household.
- Contact Tracing Requirements:** Skippers are required to have a contact tracing form filled out with information for the entire crew for each individual race. It must include the name and contact information of everyone on the boat. Failure to have a properly filled out contact tracing form when asked will result in disqualification from the entire series. The race committee boat may ask to see a contact information form at the time of the race.

An acceptable form is available at <https://bit.ly/38awYGx> A copy is attached to the end of this NOR/SI document.

Skippers must certify that they have informed their crew that in the event the crew member suspects or is confirmed to have COVID-19, or is exposed to a confirmed case of COVID-19, to notify the skipper. The skipper must inform all other crew members, for any race up to 14 days prior to the COVID-19 diagnosis, that someone on the crew has a suspected or confirmed case of COVID-19 or was exposed to a confirmed case. The skipper must notify all affected crew within 48 hours.

# STYC Contact Tracing Form

Date: \_\_\_\_\_

Boat Name:

Skipper Name:

Crew Name	Phone/Email
1)	
2)	
3)	
4)	

Date: \_\_\_\_\_

Boat Name:

Skipper Name:

Crew Name	Phone/Email
1)	
2)	
3)	
4)	