



## NOTICE OF RACE/Sailing Instructions

### Women at the Helm Regatta II

Sunday, September 24<sup>th</sup>, 2023

Amended on September 14<sup>th</sup>, 2023

- Rules:** This race is governed by the current Racing Rules of Sailing except as modified by the STYC General Sailing Instructions (GSI), these Sailing Instructions, and the USCG VTS Navigation Rules.
- Eligibility and Entry Deadline:** This race is open to STYC members with PHRF-NW ratings who wish to race in handicapped classes. Members without a PHRF rating are eligible to race in the Sloop class. Non STYC members with a valid PHRF-NW rating are eligible to enter provided the skipper is a member of a PIYA or US Sailing accepted club. Entries must be received on the STYC website ([www.styc.org](http://www.styc.org)), no later than 2400, on the Wednesday before the race. See the GSI for the late entry policy. Non-members and Associate Members must submit a \$35 entry fee with the completed entry. Valid PHRF-NW certificates must be received by the regular registration deadline, or at the time of registration for late entries.
- Helm:** Only persons who identify as women or non-binary are allowed at the helm while racing (as defined in the RRS) in this regatta. This is further defined as the person or persons who, excepting for momentary absence due to personal or shipboard needs, steer(s) the yacht beginning at 4 minutes prior to the start and continuing until the finish.
- Divisions and Starting Times:** Class breaks will be posted on the STYC website ([www.styc.org](http://www.styc.org)) by 1800 the Friday before the race. The 1<sup>st</sup> Class start is 1000. The first warning is at 0955.
- Race Format and Course:** The Race Committee will attempt to run up to 3 short races in the vicinity of West Point, and Spring Beach. Race committee will announce their intention for the number of races attempted the morning of the event before the first start. Refer to course mark descriptions in the STYC GSIs. There will be no throw outs. Please pay attention to class flags for start sequences.
- Time Limit:** For courses less than 10 NM, time limit is 2.5 hours for the first boat in each class in each race. All other boats must finish within 30 minutes of the first boat to finish in the class. This changes RRS 35.
- Communication:** The race committee will utilize VHF channel 72 for on water communications. A failure by the race committee to issue a communication, the failure of a competitor to hear the communication, or any other issues regarding the communication shall not constitute grounds for redress. This changes RRS 62.1(a).
- Skippers' Meeting:** Skippers meeting will be in person at the Shilshole Marina Port Building at 1900 Friday, September 22. WATH II merchandise will be available for pickup at the skippers meeting. It will also be possible to attend via a virtual option. Meeting details will be available on the race webpage. The STYC GSI are available on the STYC website. If there are questions, email [race@styc.org](mailto:race@styc.org).
- Awards:** Awards will be announced on the Port Building plaza following the conclusion of racing on 9/24.